

MHRN OUTREACH GUIDELINES DURING COVID-19 PANDEMIC

As of April 10, 2020

<p>Planning</p>	<ol style="list-style-type: none"> 1. Print and assemble COVID-19 info sheets 2. Assemble kits with low touch points (eg. everything in a single large bag) 3. Plan who is going to do the outreach (network member, coordinator, volunteer) considering: workers health and abilities, childcare, transportation etc 4. Buy for vehicle: Alcohol-based hand sanitizer (or alcohol swabs), tissues, and no-touch disposal receptacles, cleaning products for driver use, e.g., disposable disinfecting wipes, and/or sprays & paper towels <ol style="list-style-type: none"> a. If you cannot find disinfecting wipes, bleach and water spray will work (1 part bleach to 5 parts water)
<p>Day of Outreach</p>	<ol style="list-style-type: none"> 1. Do not do outreach if you are symptomatic or are a COVID-19 contact. 2. No contact with door handles, railings, etc. is recommended. 3. Wipe down outsides of kits/boxes with disinfectant wipes 4. Wear a mask if you have access to one
<p>Vehicle set up</p>	<ol style="list-style-type: none"> 1. Alcohol-based hand sanitizer, tissues, and no-touch disposal receptacles. Ensure supplies are maintained. 2. Supply of cleaning products for driver use, e.g., disposable disinfecting wipes, and/or sprays & paper towels
<p>During visits/stops</p>	<ol style="list-style-type: none"> 1. Load supplies outside doors (people can bring them in) 2. Do not enter people's homes or touch doors 3. No contact- no hugs 4. Keep social distance (2 meters) 5. Communication <ol style="list-style-type: none"> a. Keep Chats under 10 minutes b. Share information about new developments and guidelines c. Share basic health and safety information (handwashing, symptoms, resources) d. Ask peers about what support they need
<p>Between visits/ stops</p>	<ol style="list-style-type: none"> 1. Wash or sanitize* hands 2. Wash or sanitize* car door, wheel, phone or keys, anything that may have been touched <p>* [insert info about how to sanitize]</p>
<p>Returning home</p>	<ol style="list-style-type: none"> 1. Take off and wash all clothes 2. Thoroughly wash hands, shower if possible 3. Disinfect car, handles, steering wheel, any items you may have touched (phone, keys). 4. If you are using a reusable mask, wash according to instructions
<p>Transporting people in vehicles</p>	<ol style="list-style-type: none"> 1. At this time, we are not transporting folks. 2. If people need a ride to access testing or other health services, please reach out to the RHA or Tribal Council to see if there are transportation options for people.

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How to wear a cloth mask:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html?fbclid=IwAR34A-QxTnbz6dyonrGAAM2rBgVXrdIWHOuA5fH9ufUWyuQMw70kCgEyr34>